

# Curve della crescita 2026

## Raccomandate da pediatria svizzera

### Maschi

Statura e peso	0-2 anni <sup>1</sup>
Statura e peso	0-5 anni <sup>1</sup>
Statura e peso	1-18 anni <sup>1</sup>
Peso in rapporto alla statura	50-120 cm <sup>1</sup>
Peso in rapporto alla statura	120-200 cm <sup>1</sup>
BMI	0-18 anni <sup>1,2</sup>
Circonferenza cranica	0-2 anni <sup>3</sup>
Circonferenza cranica	0-5 anni <sup>3,4</sup>
Circonferenza cranica	1-18 anni <sup>3,4</sup>
Velocità della crescita	2-18 anni <sup>3</sup>
Statura e peso	alla nascita <sup>5</sup>
Circonferenza cranica	alla nascita <sup>5</sup>

### Femmine

Statura e peso	0-2 anni <sup>1</sup>
Statura e peso	0-5 anni <sup>1</sup>
Statura e peso	1-18 anni <sup>1</sup>
Peso in rapporto alla statura	50-120 cm <sup>1</sup>
Peso in rapporto alla statura	120-190 cm <sup>1</sup>
BMI	0-18 anni <sup>1,2</sup>
Circonferenza cranica	0-2 anni <sup>3</sup>
Circonferenza cranica	0-5 anni <sup>3,4</sup>
Circonferenza cranica	1-18 anni <sup>3,4</sup>
Velocità della crescita	2-18 anni <sup>3</sup>
Statura e peso	alla nascita <sup>5</sup>
Circonferenza cranica	alla nascita <sup>5</sup>

## Fonti

- <sup>1</sup> Eiholzer U, Stephan A, Dubinski I, Fritz C, Noordam C (2025) Updated Swiss Growth References 2025: No Height Differences, but BMI Variations Associated with Migration. *J. Clin. Med.* 14, 5912. <https://doi.org/10.3390/jcm14165912>
- <sup>2</sup> WHO Growth Charts (WHO Multicentre Growth Reference Study, MGRS, 1997-2003, [www.who.int/childgrowth/standards](http://www.who.int/childgrowth/standards))
- <sup>3</sup> Prader A, Largo RH, Molinari L et al. (1989) Physical growth of Swiss children from birth to 20 years of age. First Zurich longitudinal study of growth and development. *Helv Paediatr Acta Suppl* 52: 1-125
- <sup>4</sup> Schienkiewitz A, Rosario AS, Dortschy R et al. (2011) German head circumference references for infants, children and adolescents in comparison to currently used national and international references. *Acta Paediatr* 100 (7): e28-33
- <sup>5</sup> Voigt M, Fusch C, Olbertz D, Hartmann K, Rochow, N, Renken C, Schneider KTM (2006) Analyse des Neugeborenenkollektivs der Bundesrepublik Deutschland. 12. Mitteilung: Vorstellung engmaschiger Perzentilwerte (-kurven) für die Körpermaße Neugeborener. *Geburtsh Frauenheilk* 66: 956-970

Per qualsiasi utilizzo di queste curve della crescita deve essere riportata l'esatta indicazione della fonte (dell'articolo scientifico) e l'esplicita menzione di pediatria svizzera. Le curve non possono essere modificate senza il consenso di pediatria svizzera.

L'utilizzo delle curve della crescita avviene a proprio rischio. pediatria svizzera non garantisce in alcun modo la correttezza, la completezza o l'idoneità per uno scopo specifico delle curve della crescita. pediatria svizzera declina ogni responsabilità per danni di qualunque genere o pretese di terzi riconducibili all'utilizzo delle curve della crescita.

**Per le definizioni delle patologie si applicano i criteri descrittivi utilizzati dalle società specialistiche.**

## Contatto

### **Commissione curve della crescita di pediatria svizzera**

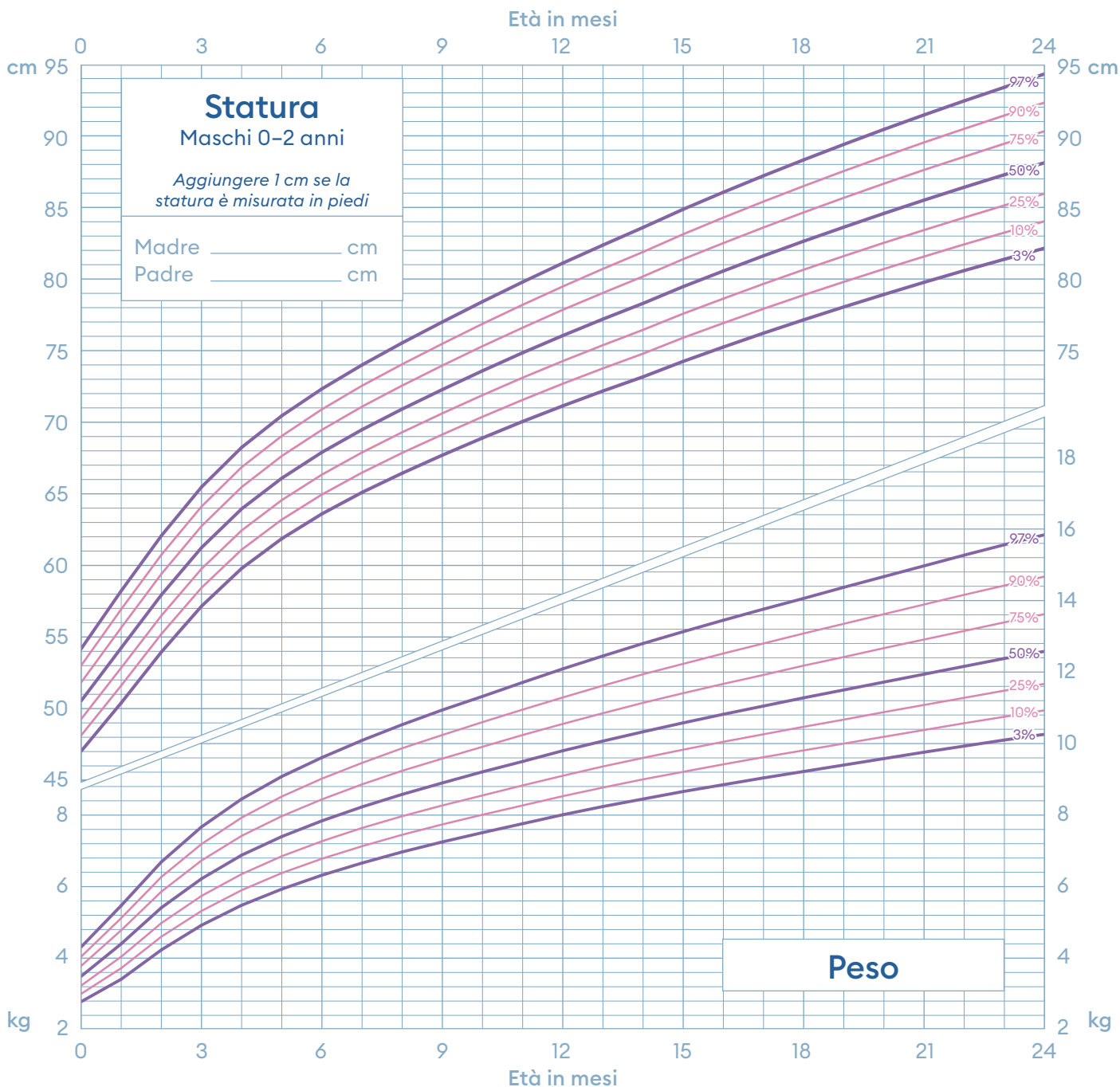
Presidenza: Prof. Dr. med. Oskar Jenni

pediatria svizzera, Casella postale 516, 1701 Friburgo

Telefono: +41 26 350 33 44, E-mail: [segretariato@pediatriasvizzera.ch](mailto:segretariato@pediatriasvizzera.ch)

Nome \_\_\_\_\_

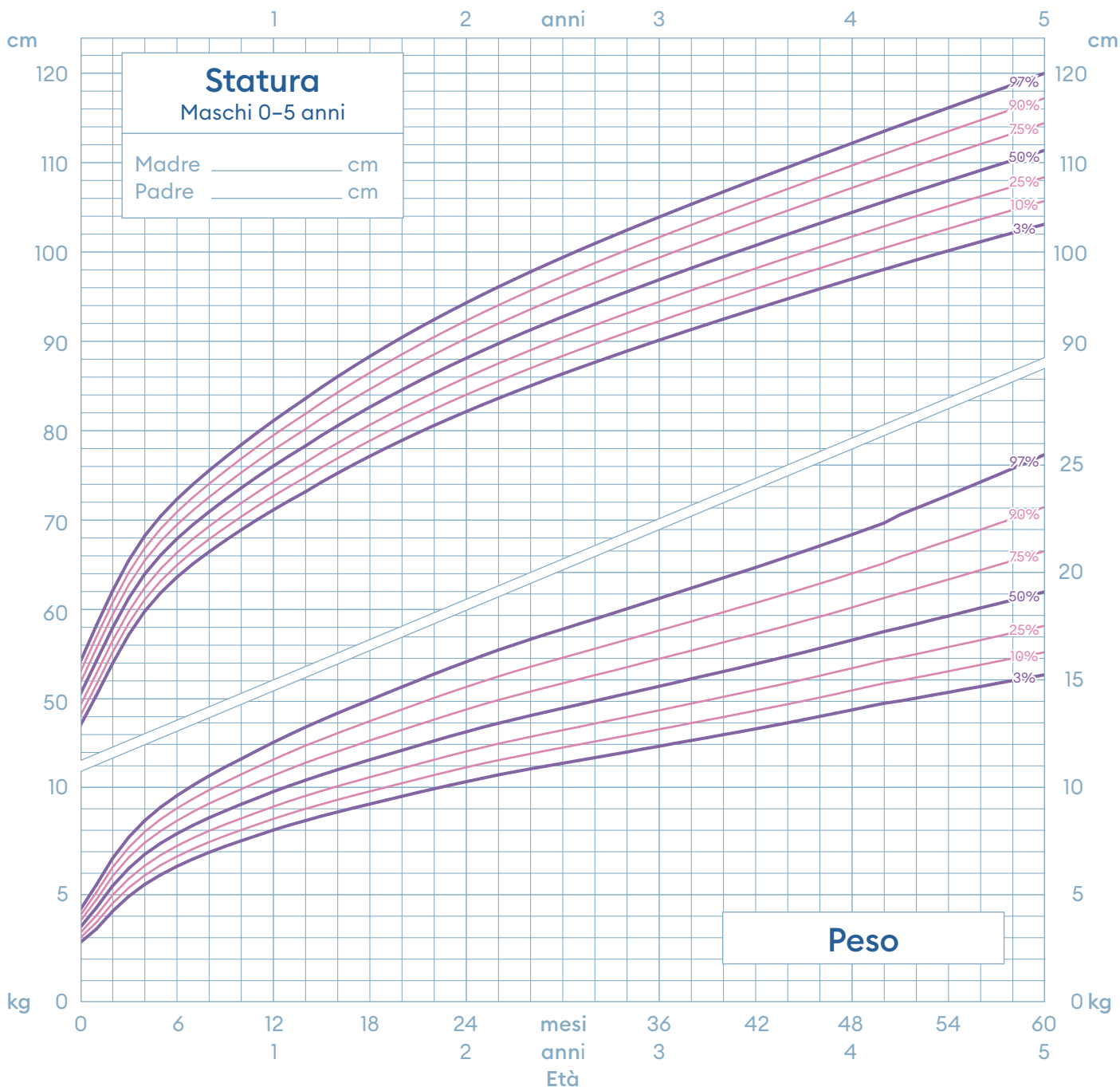
Data di nascita \_\_\_\_\_



Fonti: Eiholzer U, Stephan A, Dubinski I, Fritz C, Noordam C (2025) Updated Swiss Growth References 2025: No Height Differences, but BMI Variations Associated with Migration. J. Clin. Med. 14, 5912. <https://doi.org/10.3390/jcm14165912>

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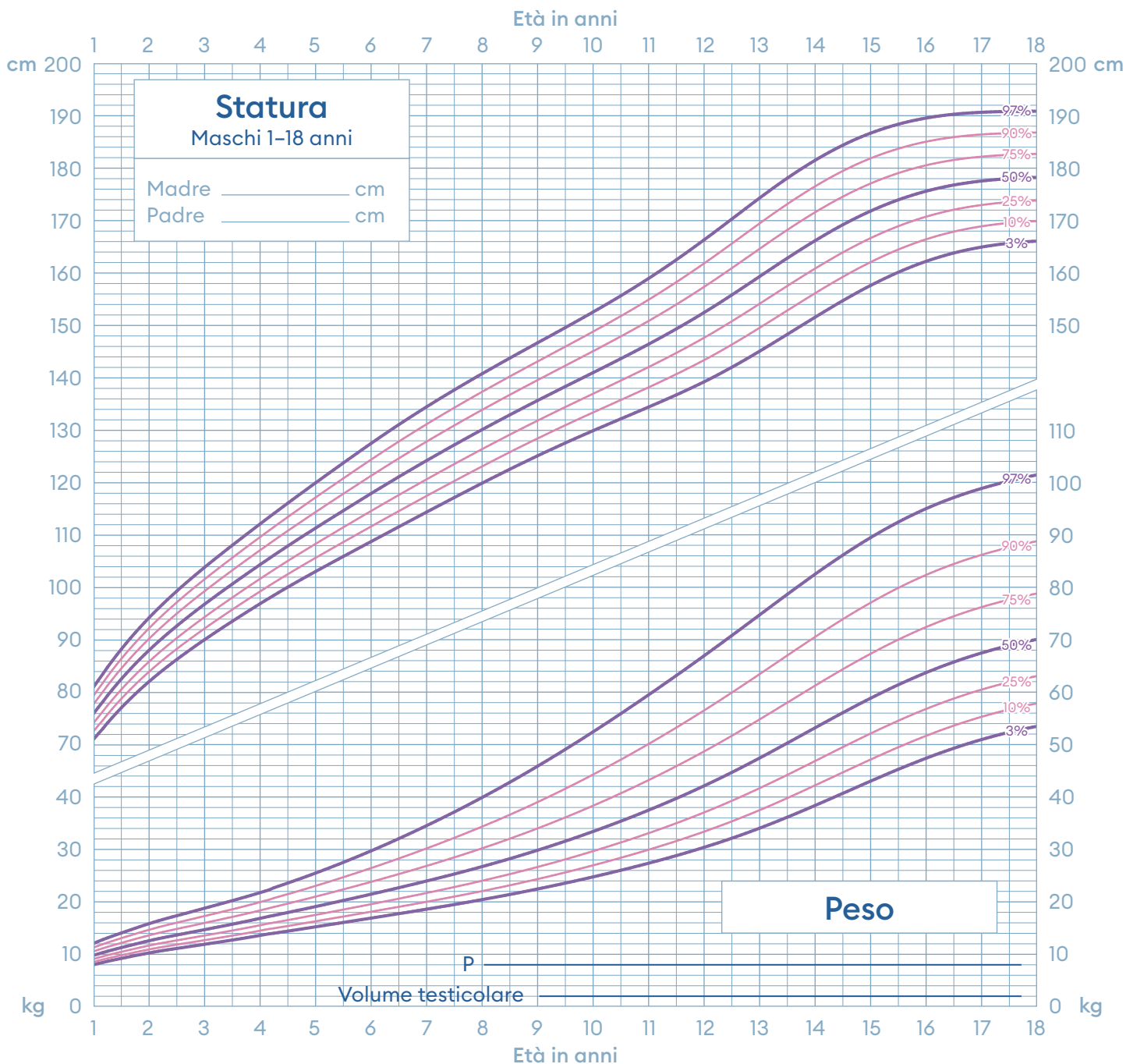
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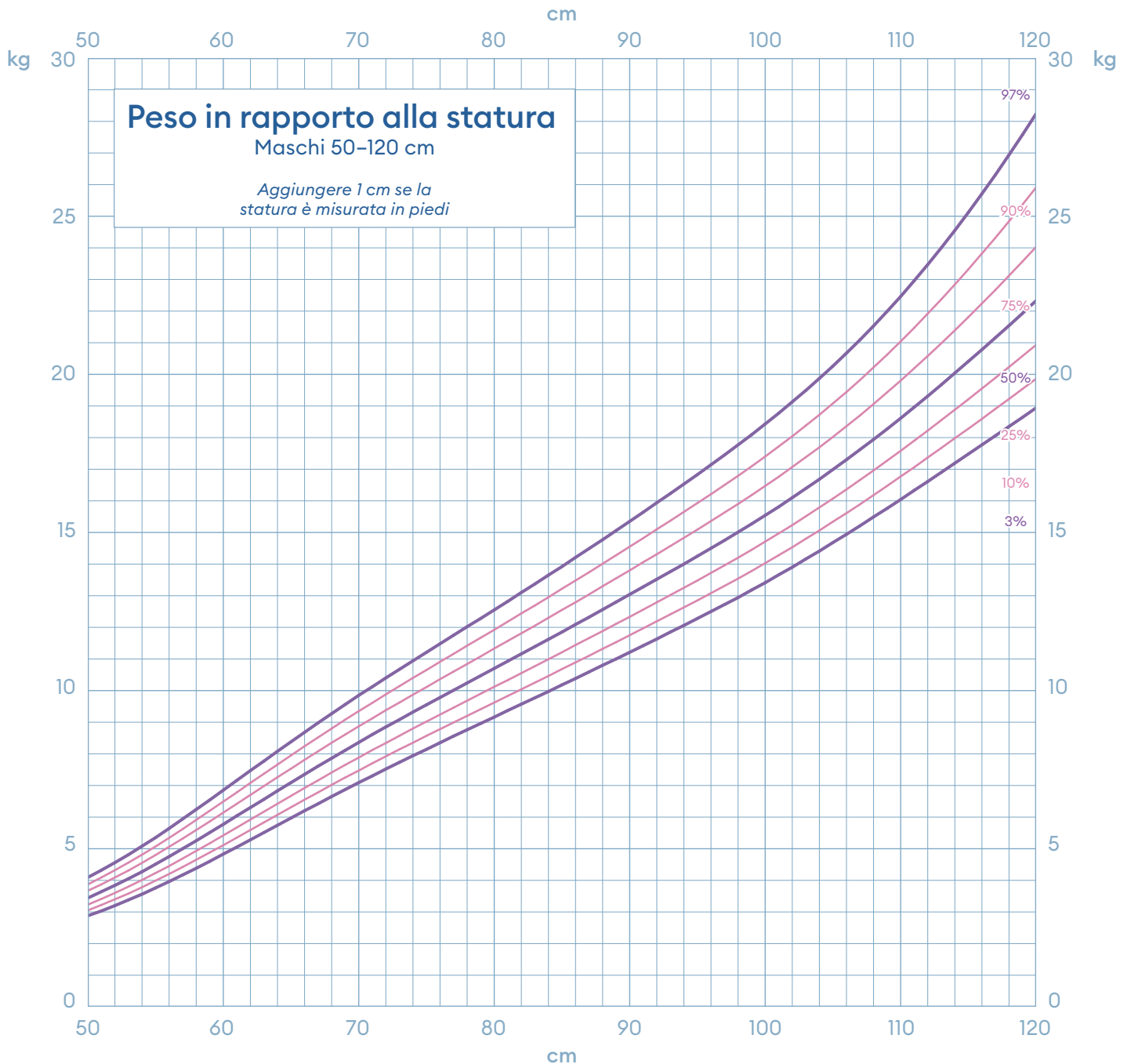
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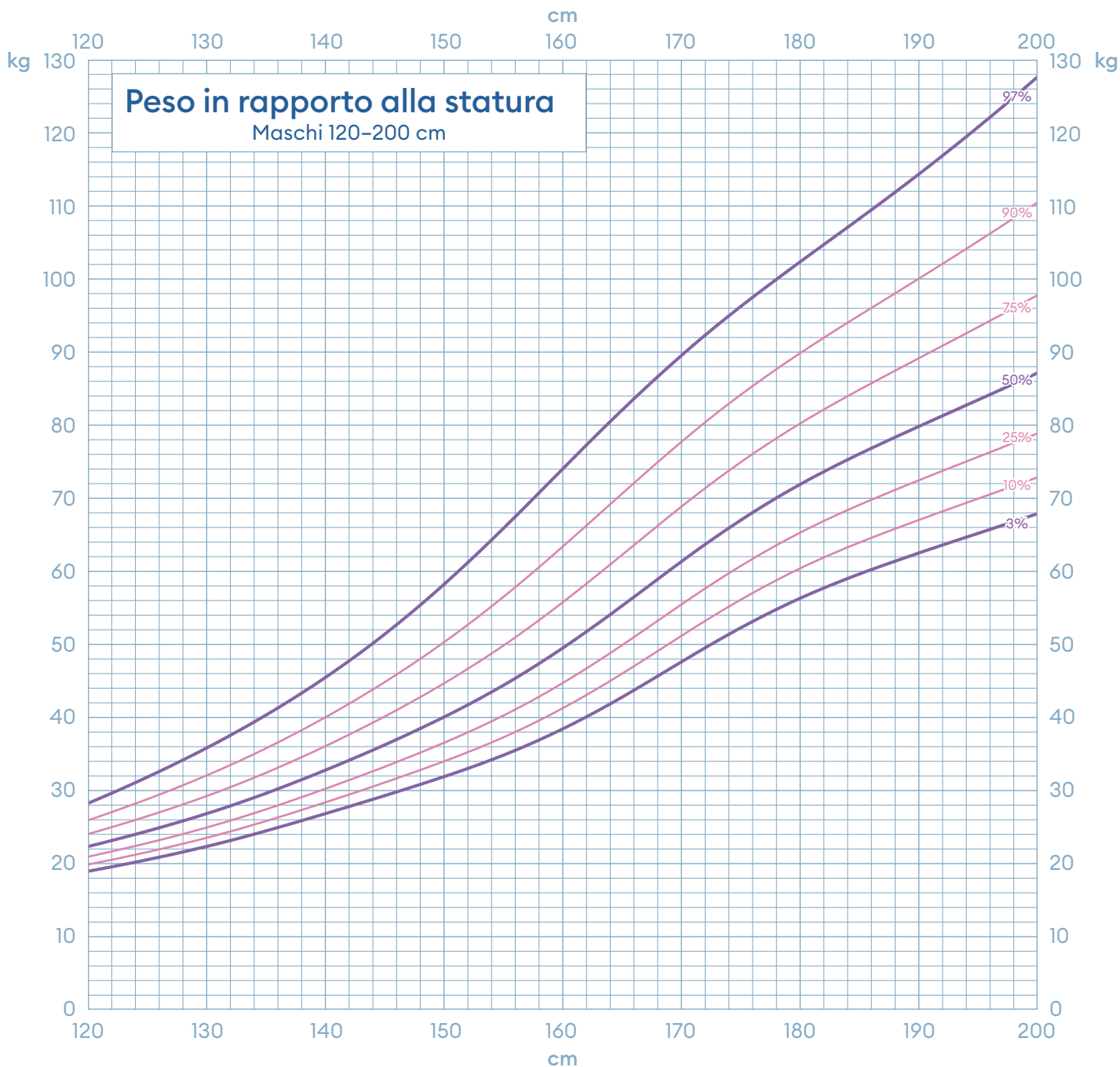
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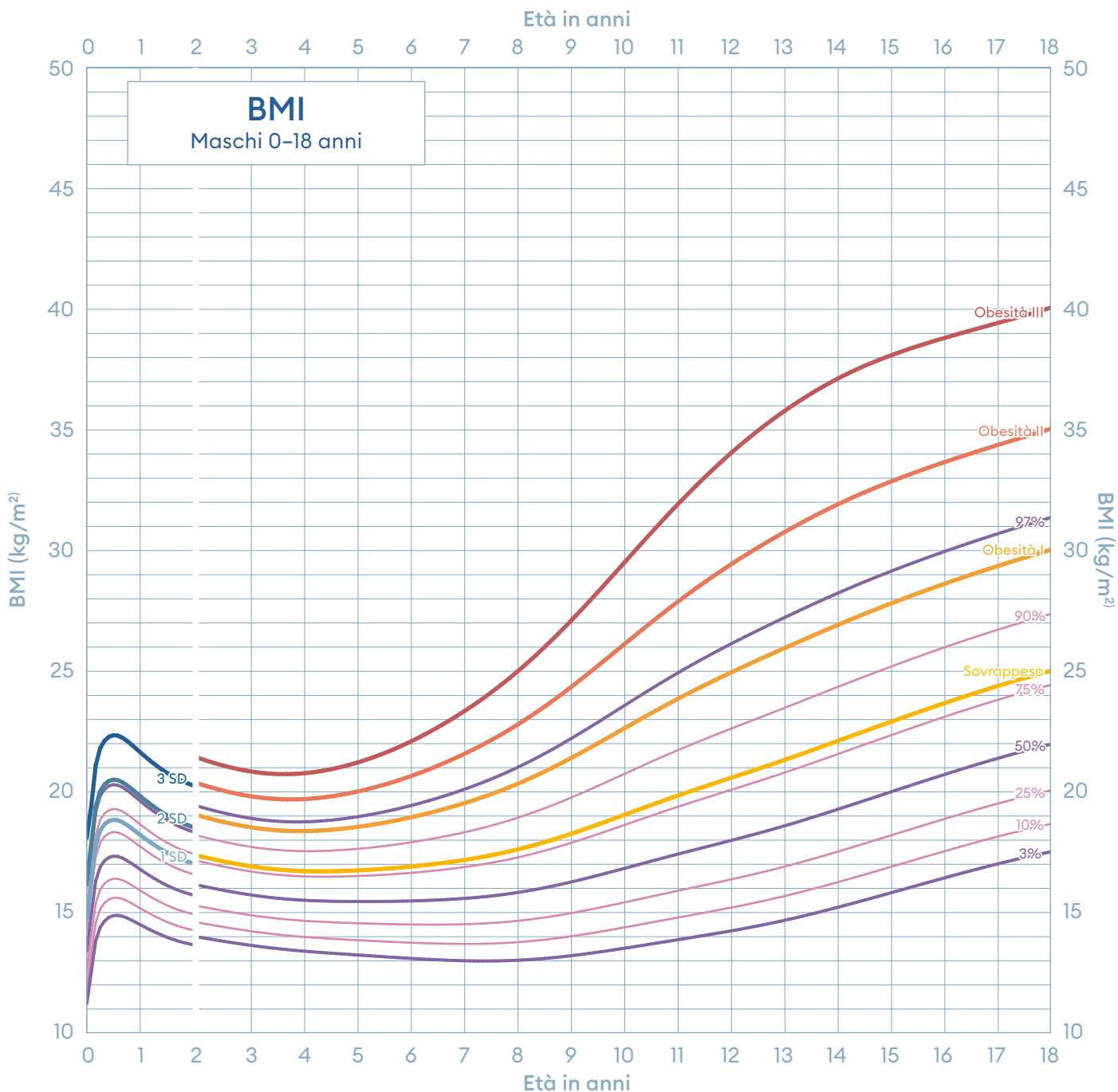
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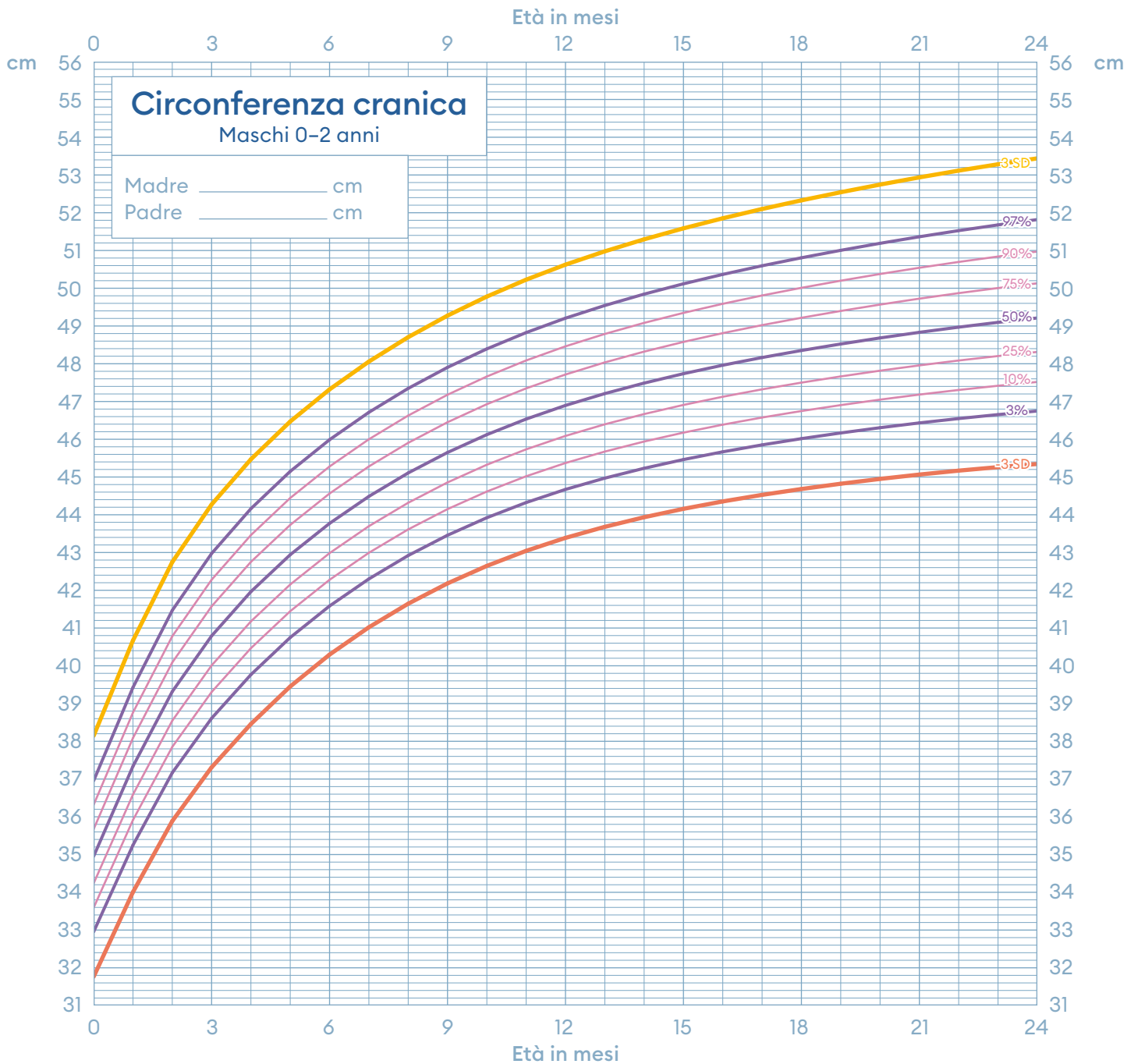
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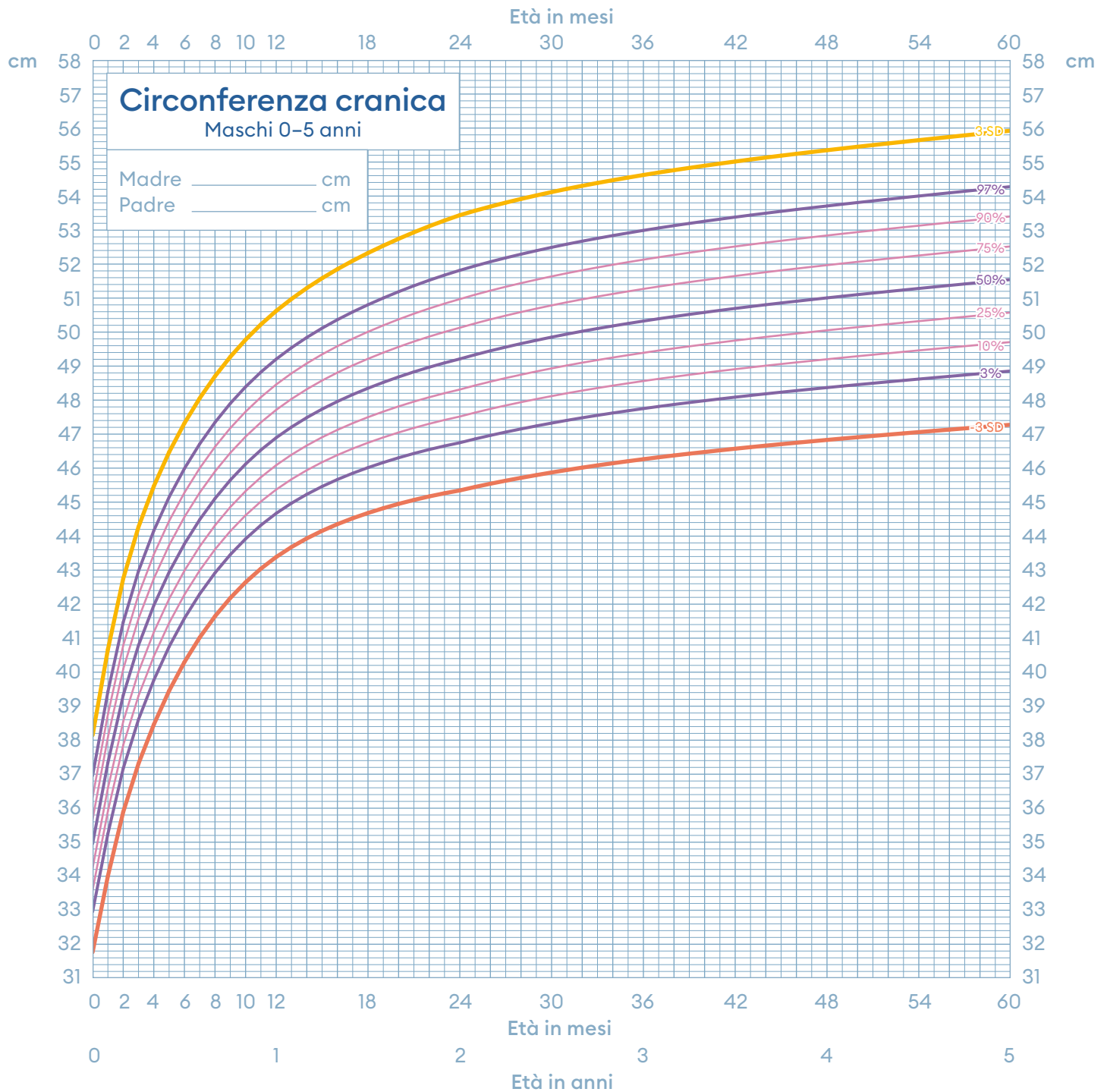
Data di nascita \_\_\_\_\_



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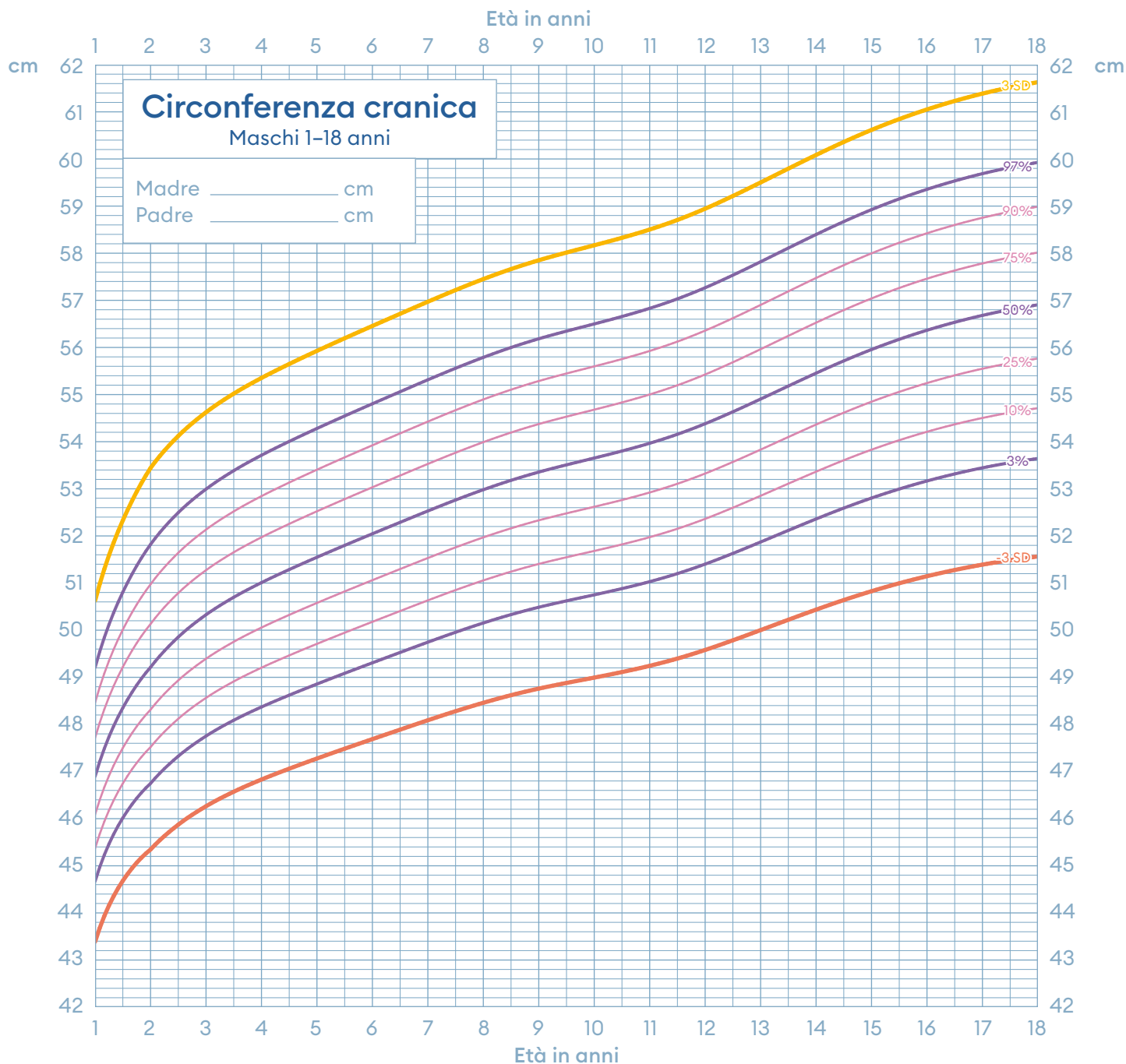
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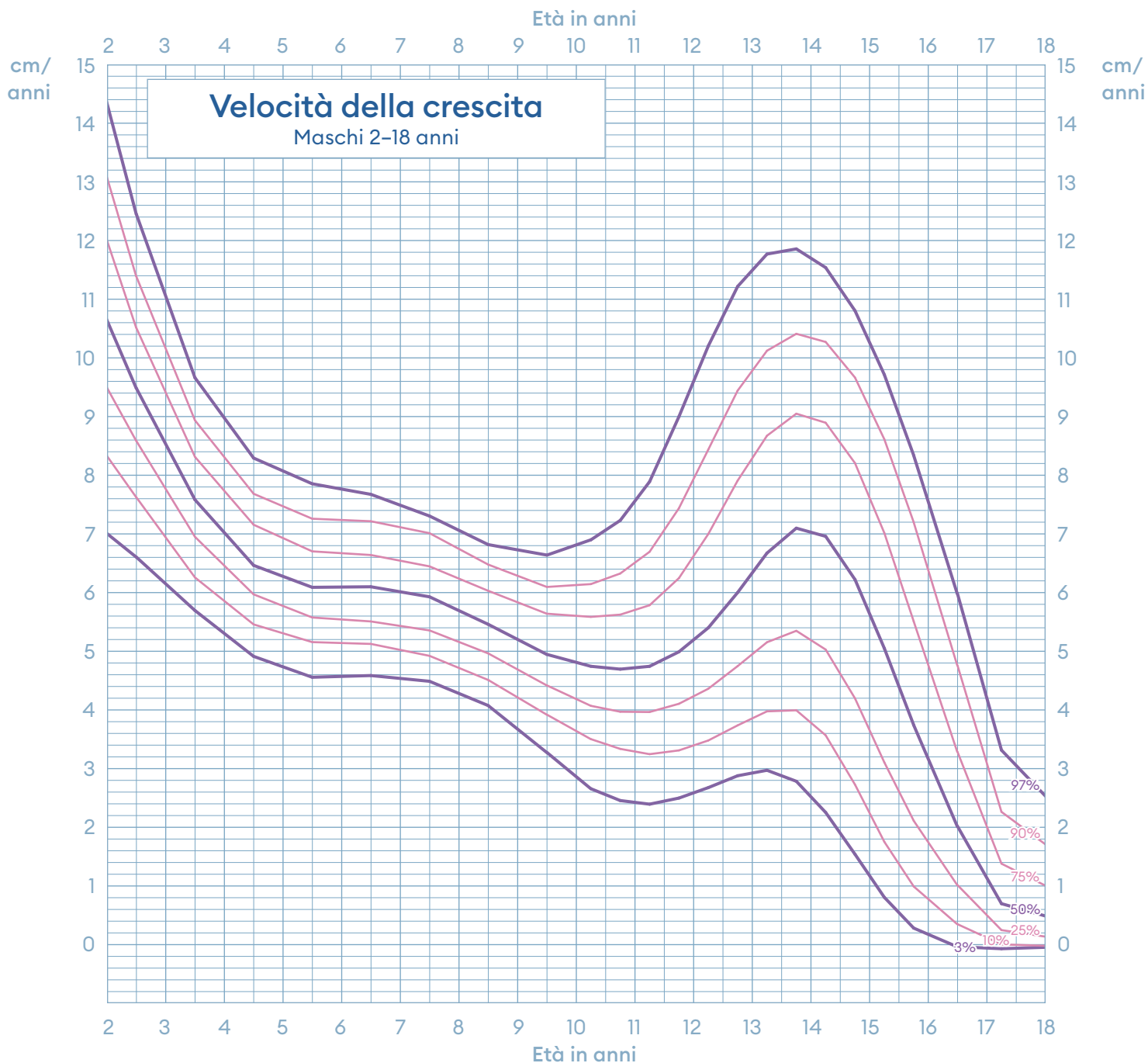
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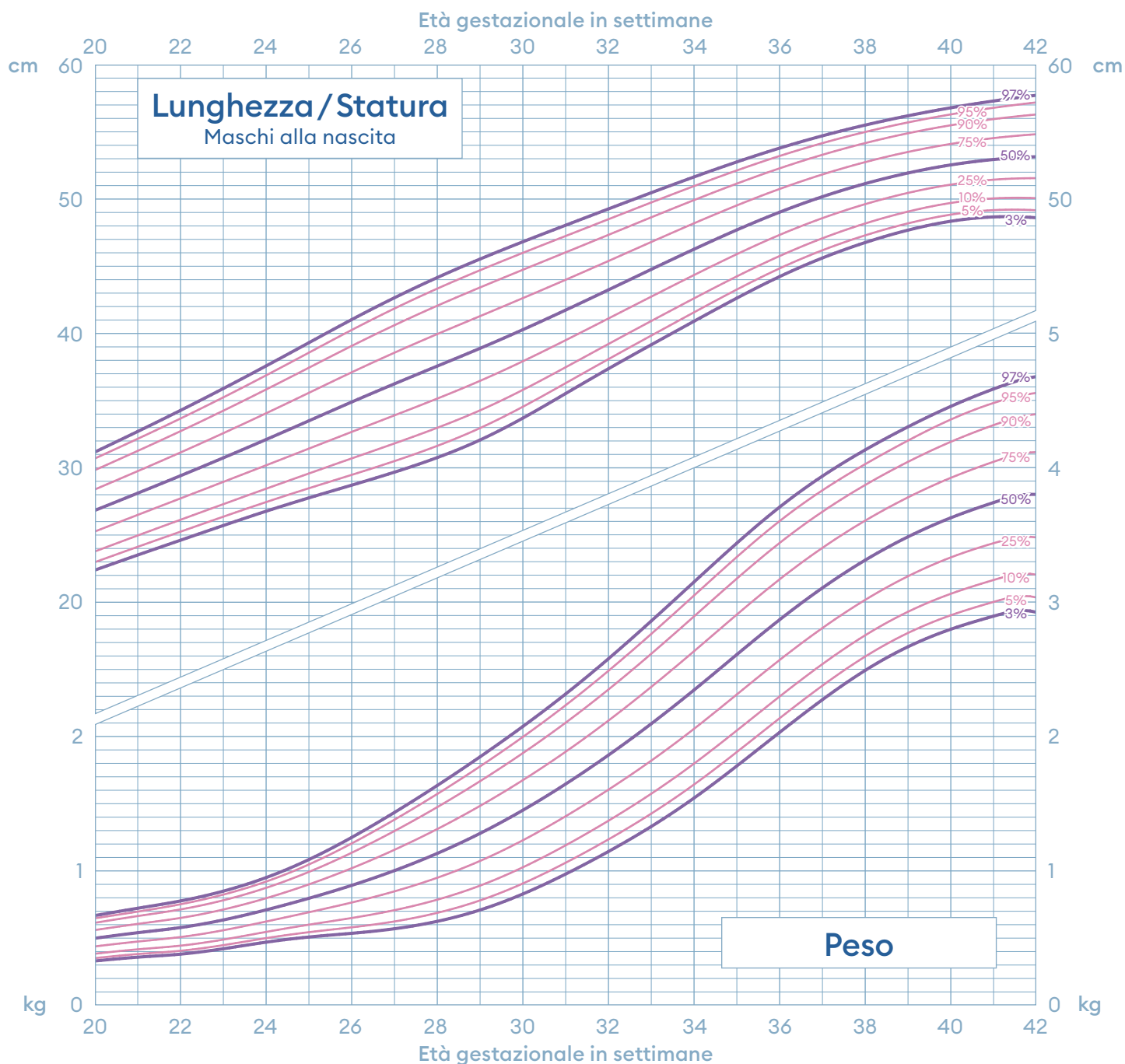
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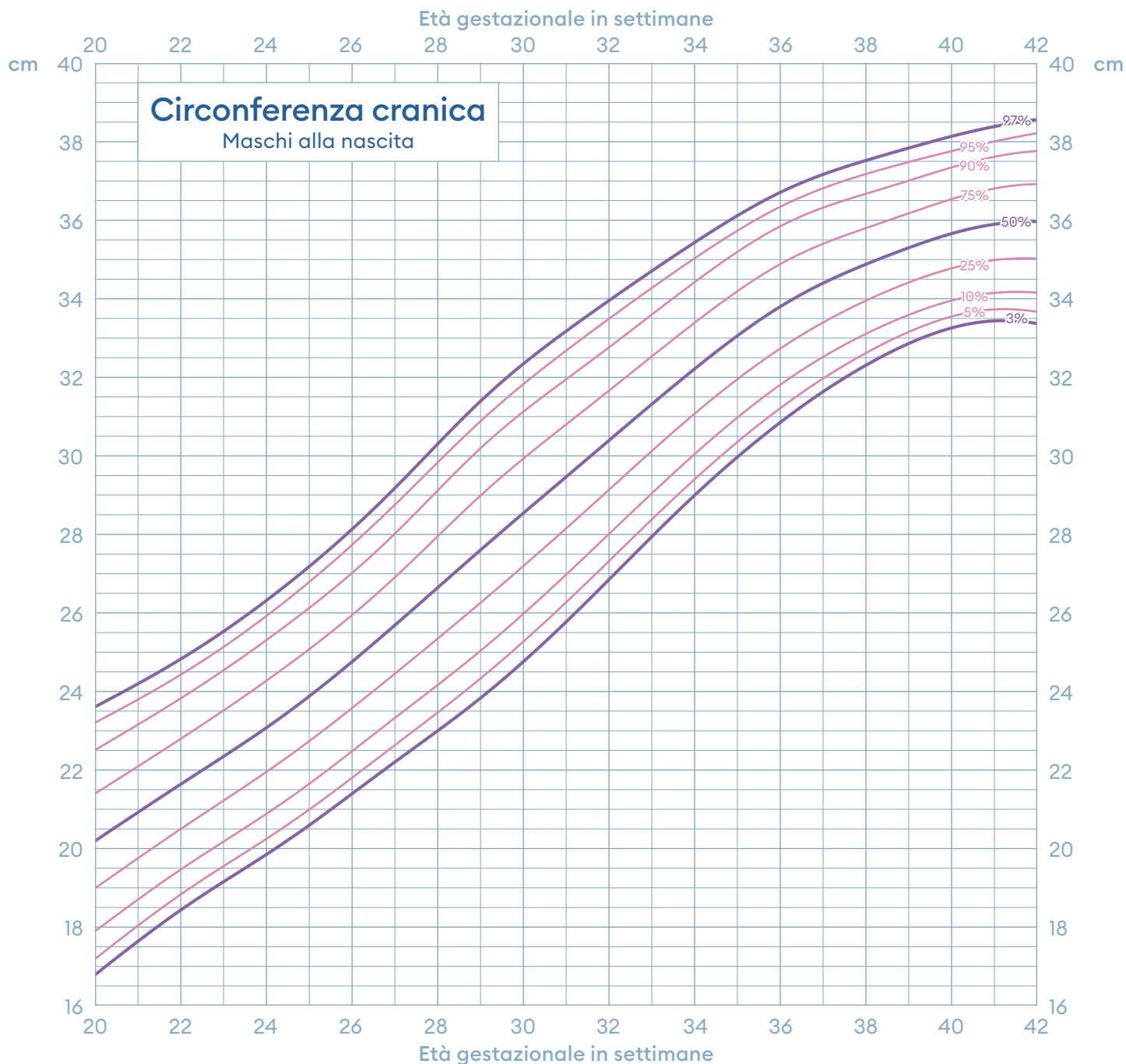
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Fonti: Voigt M, Fusch C, Olbertz D, Hartmann K, Rochow, N, Renken C, Schneider KTM (2006) Analyse des Neugeborenenkollektivs der Bundesrepublik Deutschland. 12. Mitteilung: Vorstellung engmaschiger Perzentilwerte (-kurven) für die Körpermaße Neugeborener. Geburtsh Frauenheilk 66: 956-970

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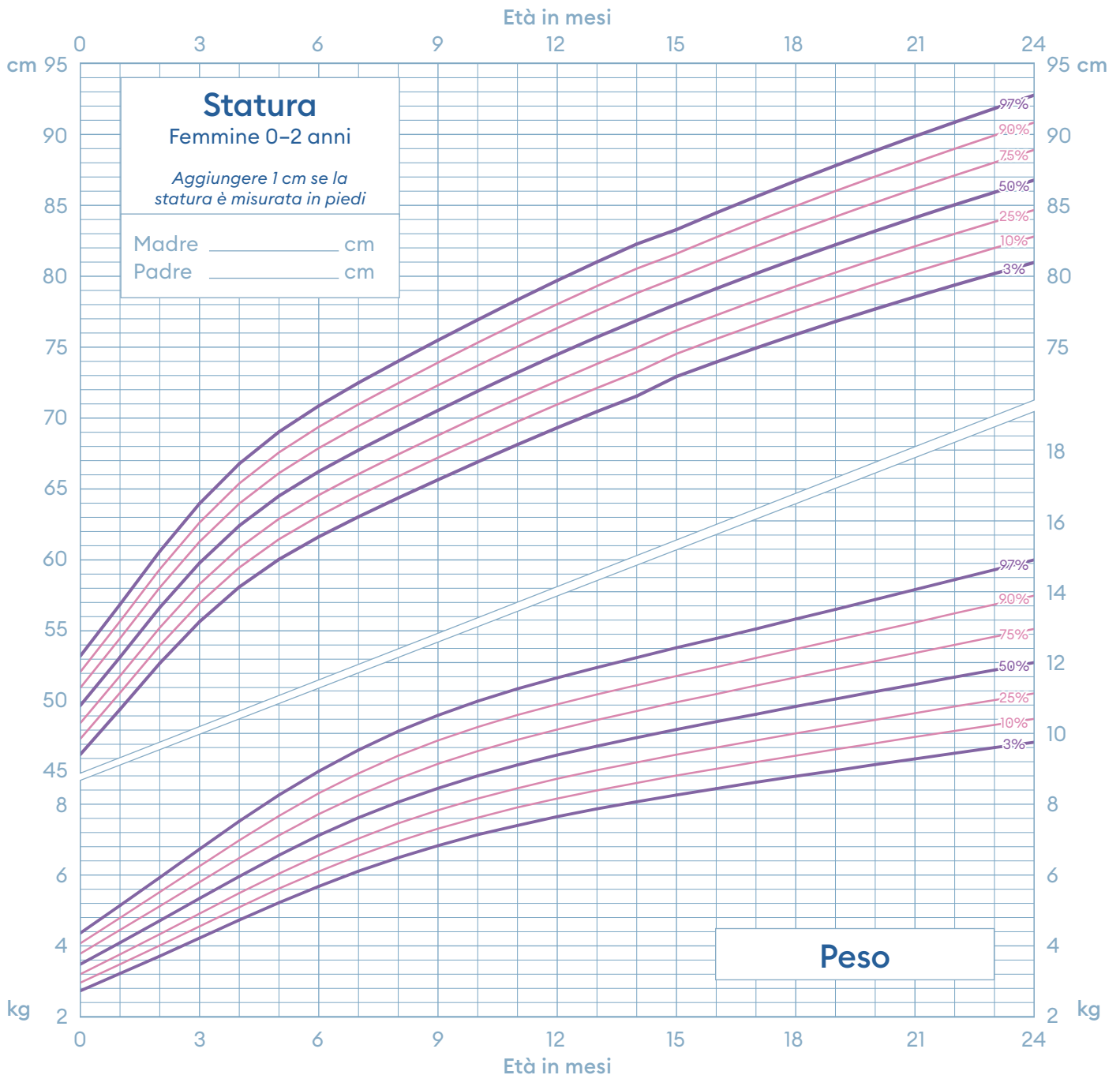
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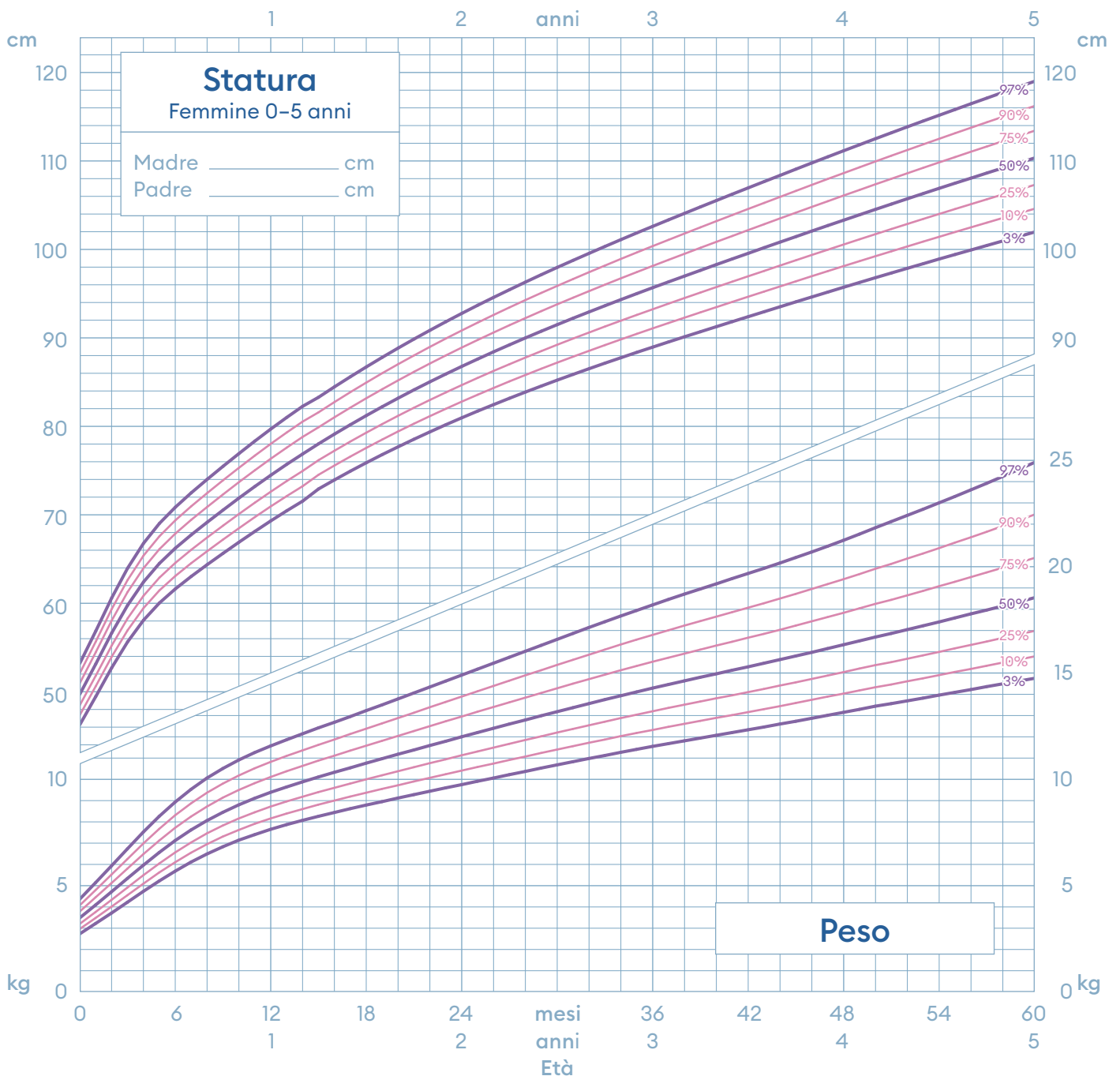
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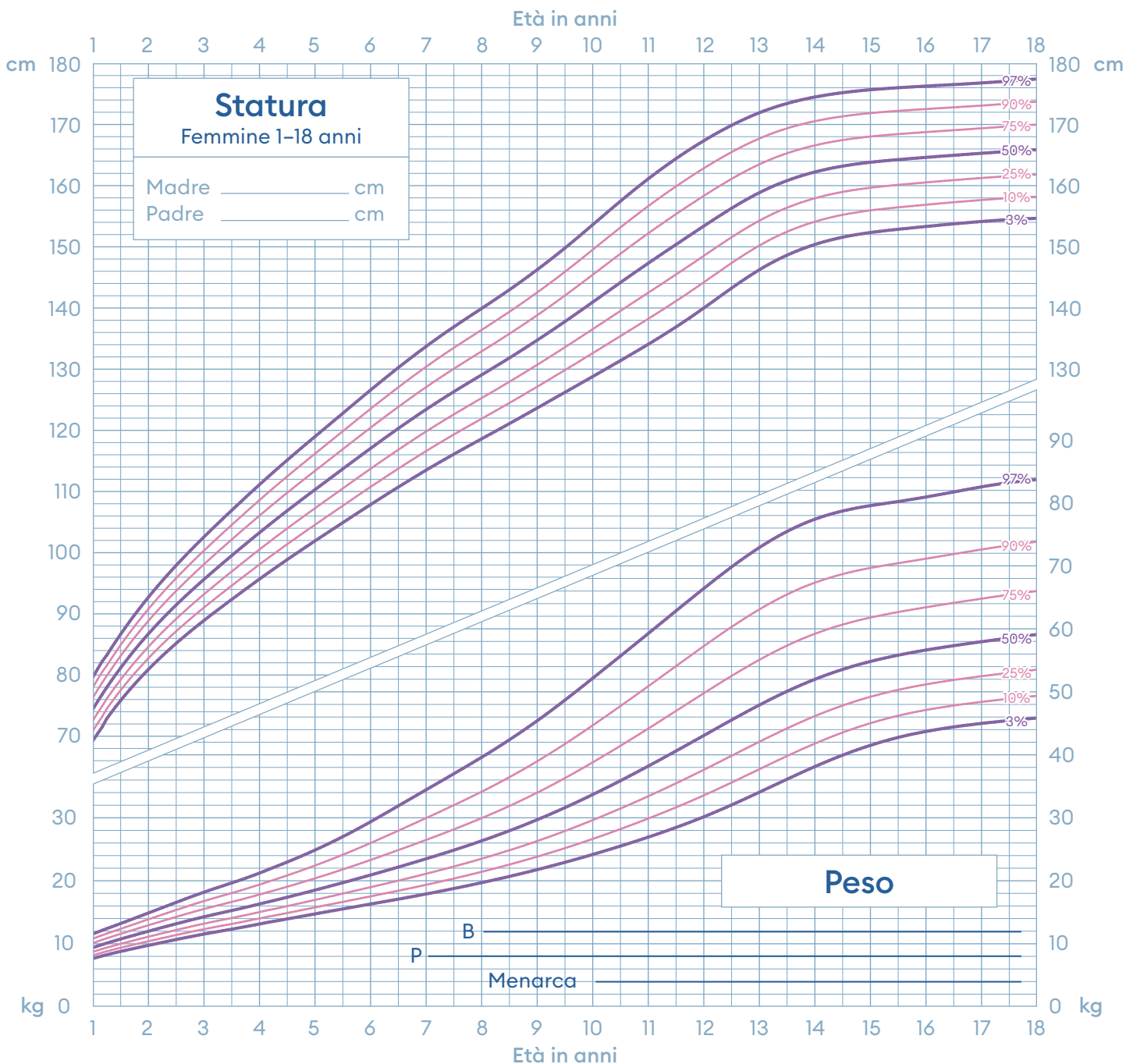
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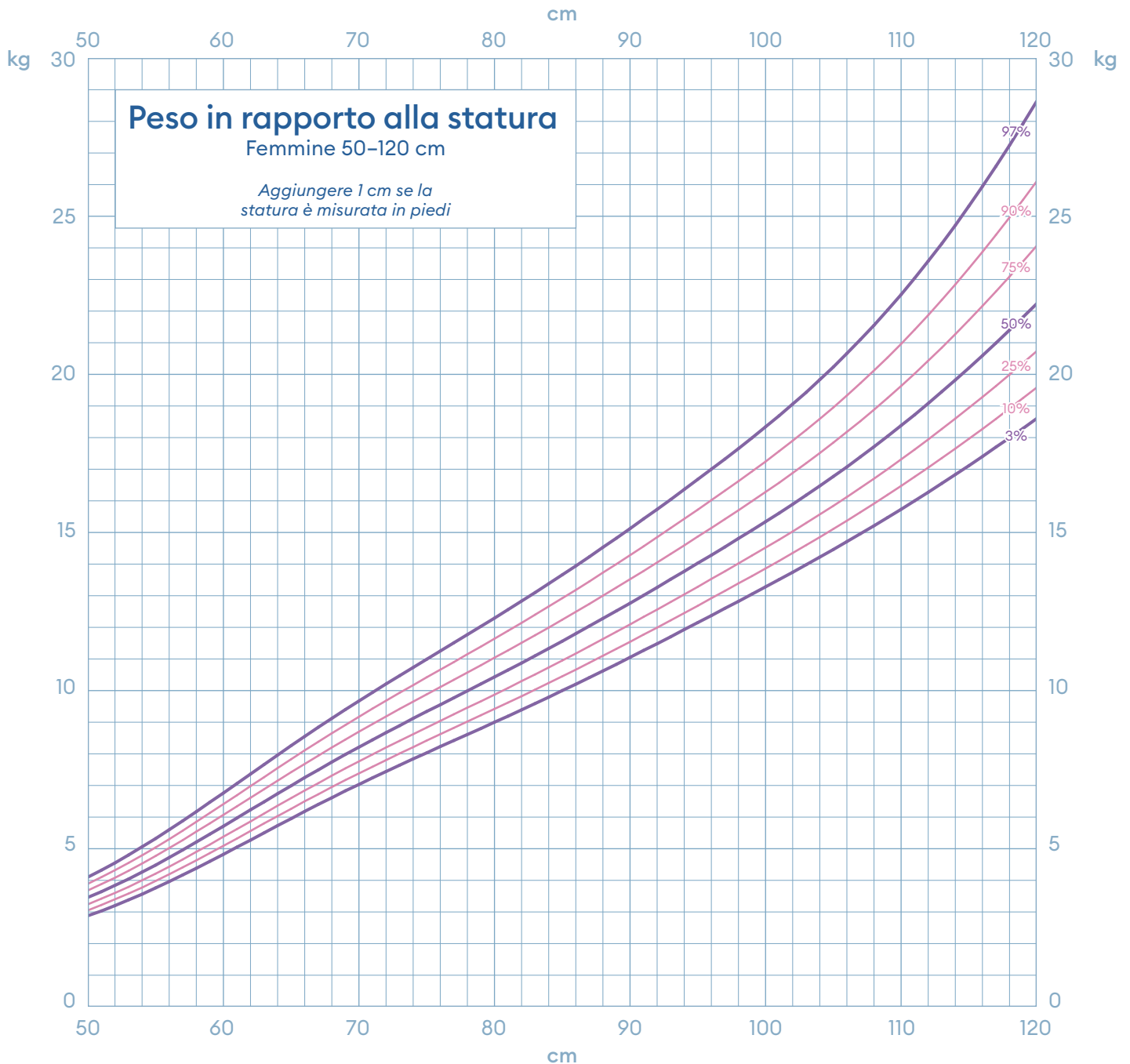
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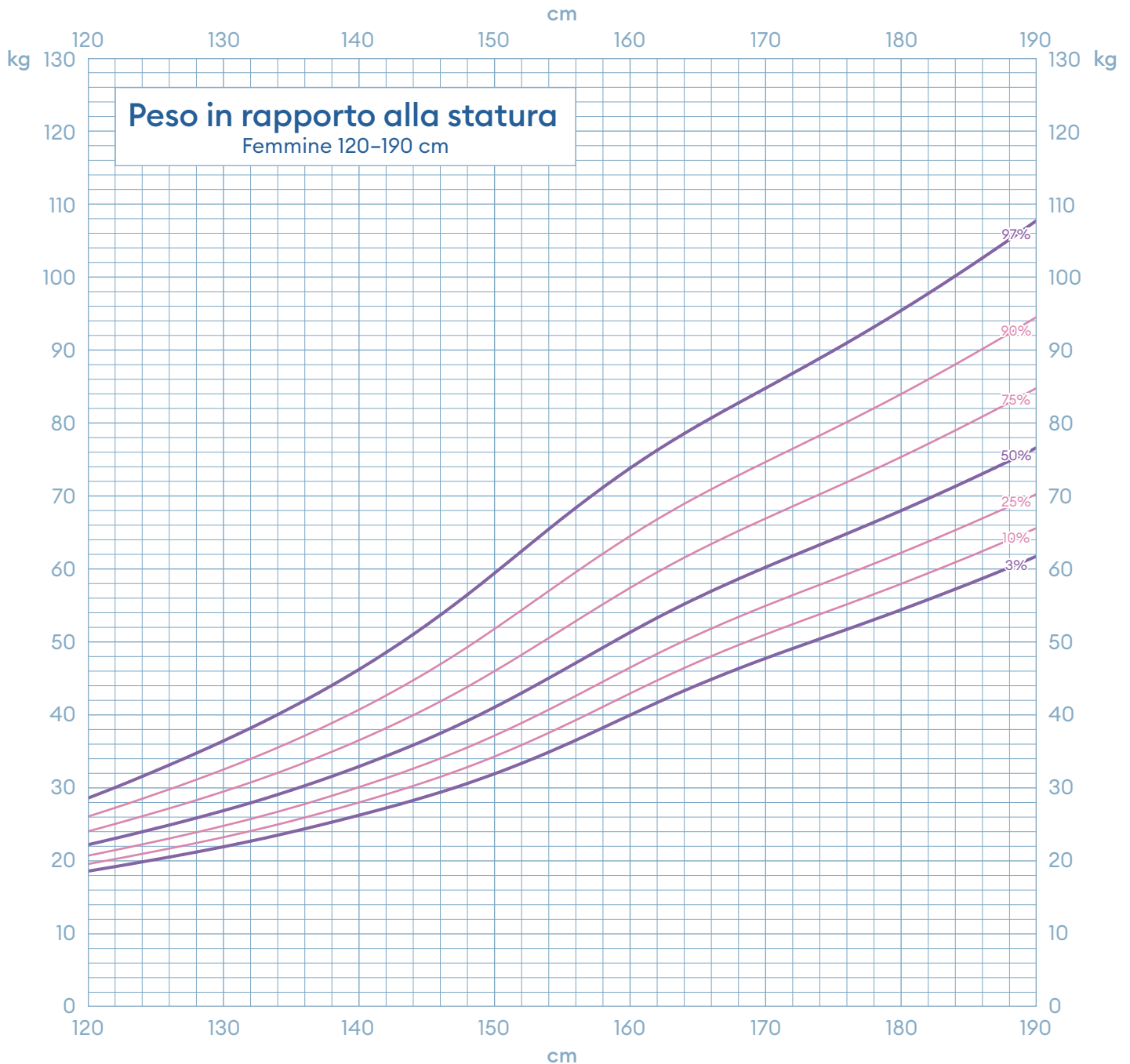
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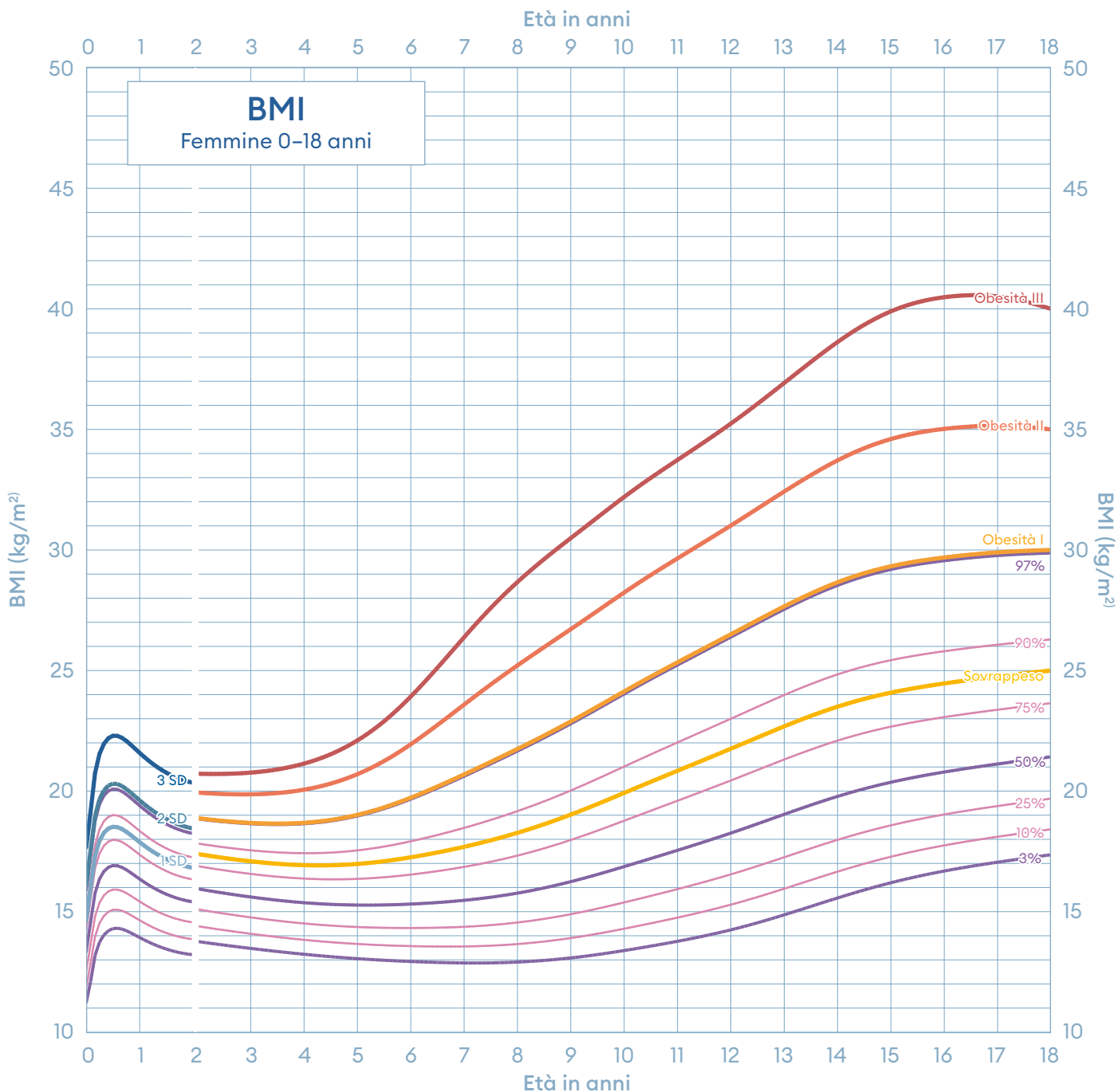
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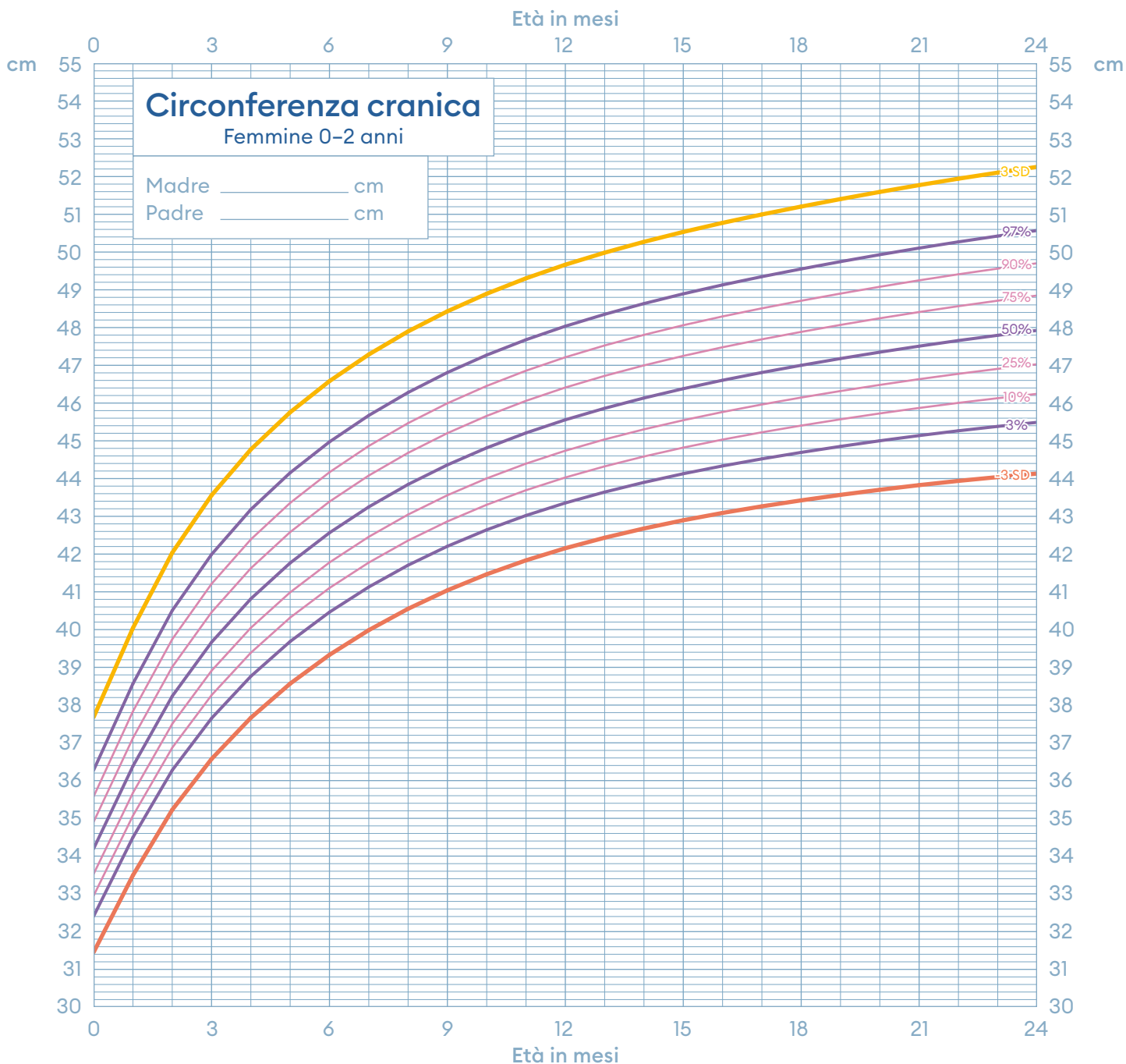
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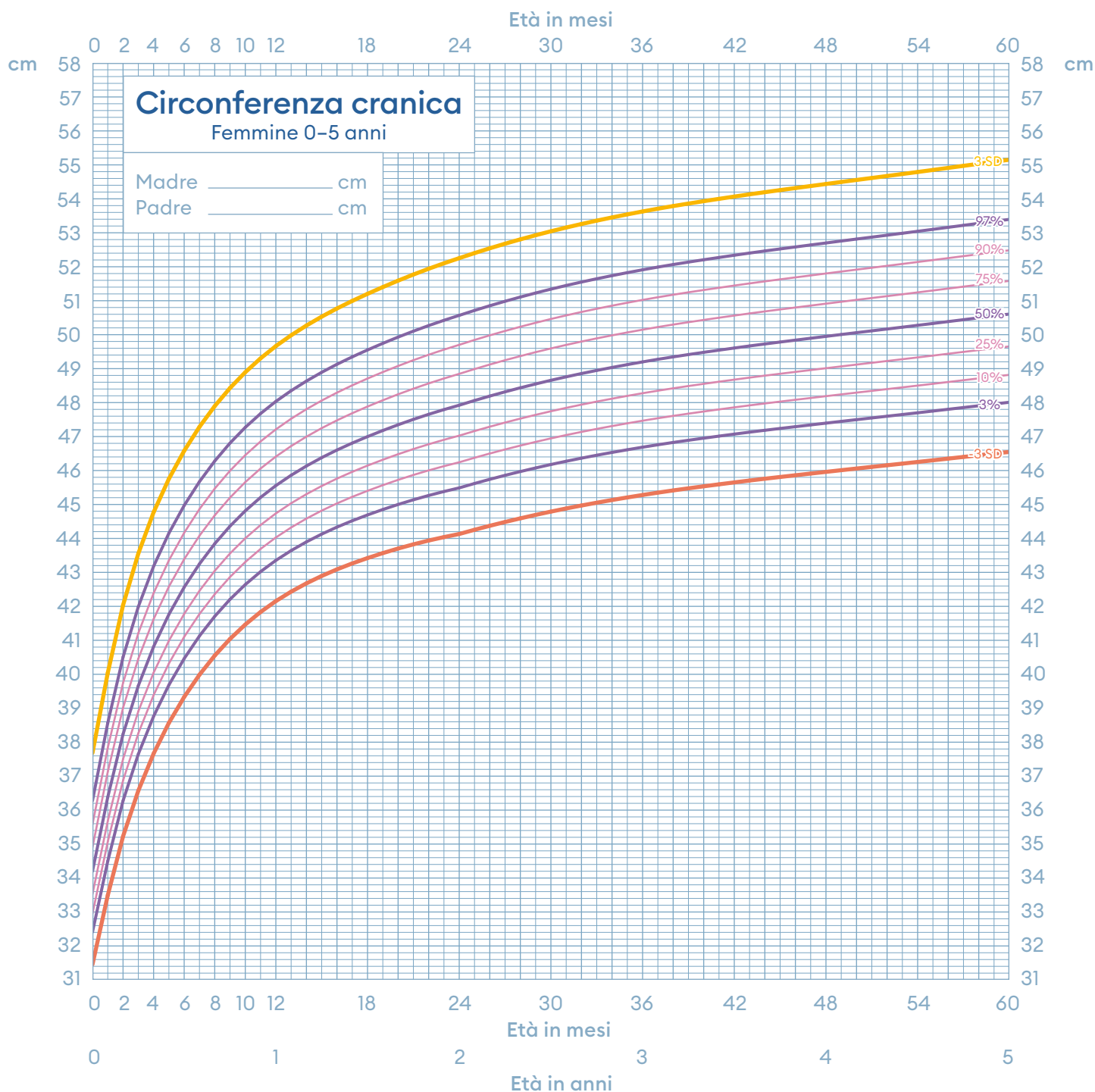
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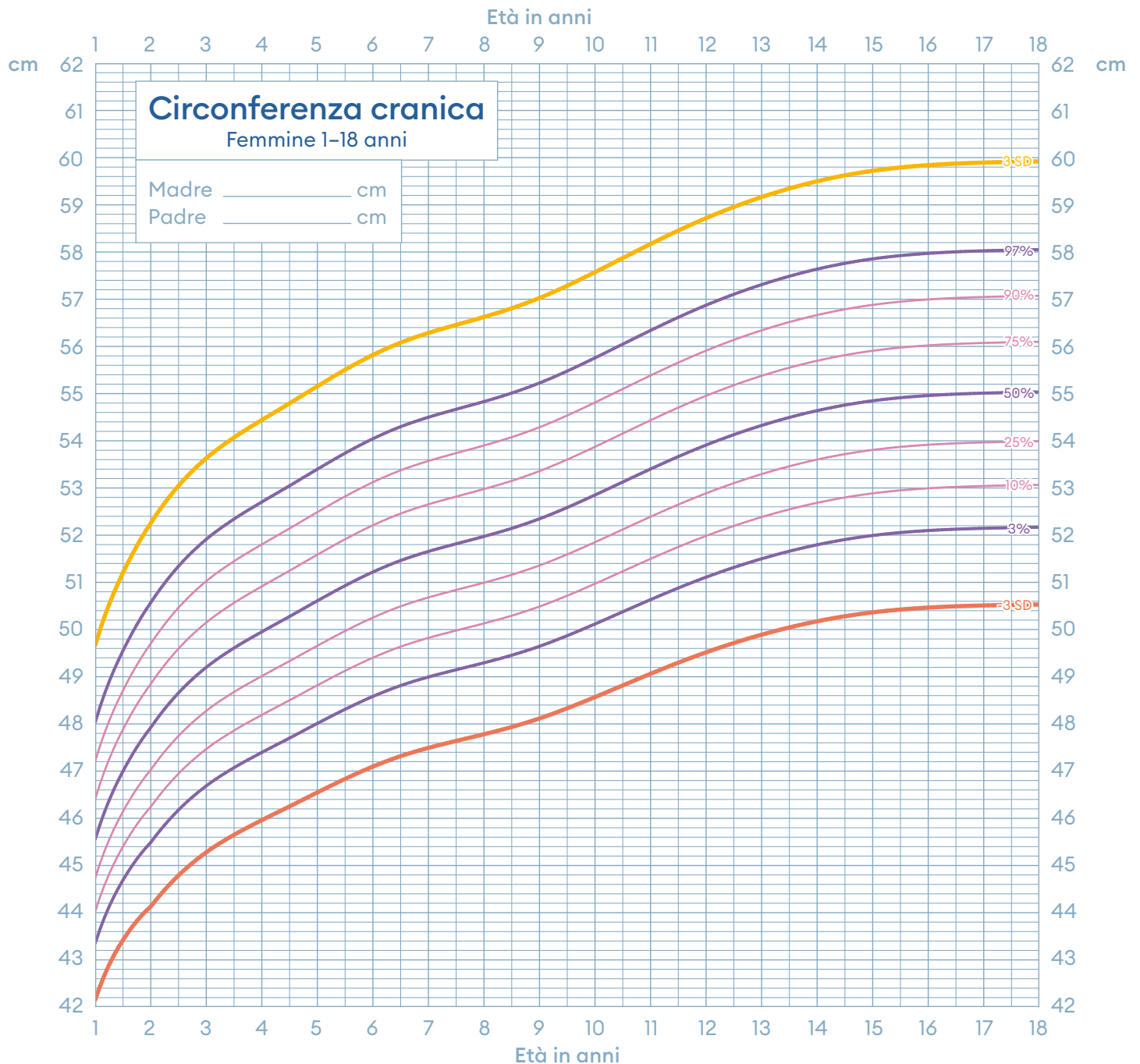


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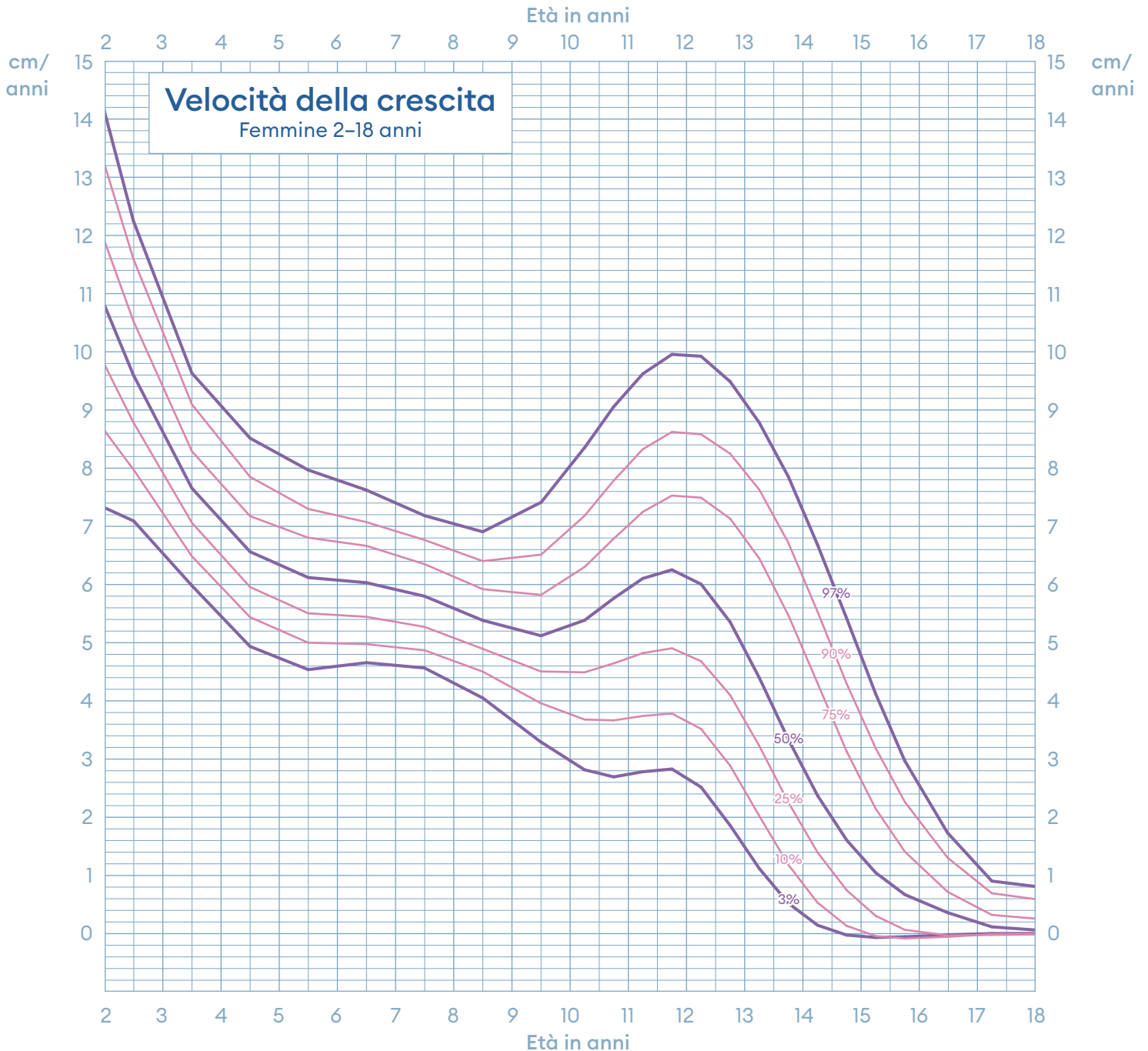
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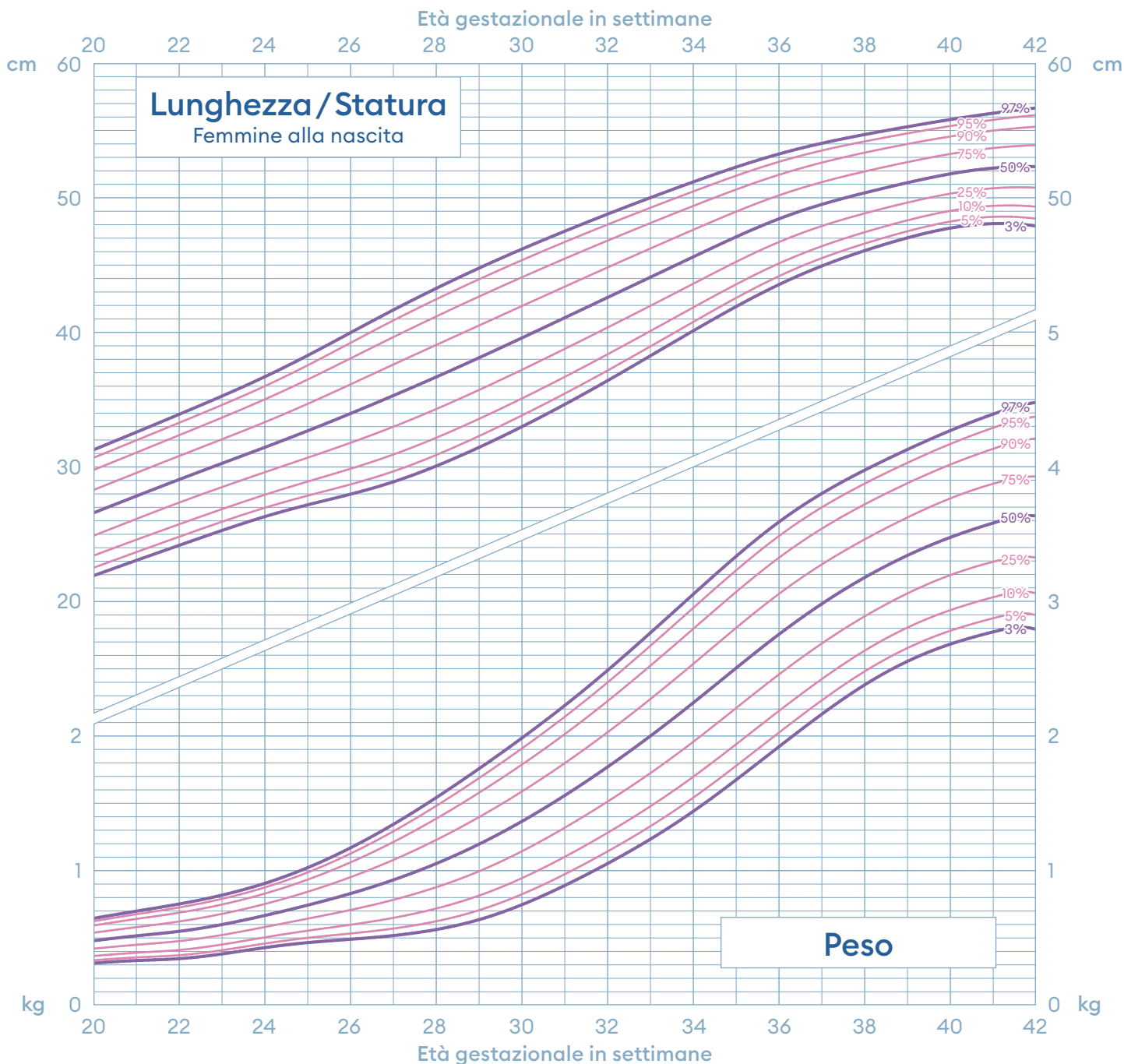
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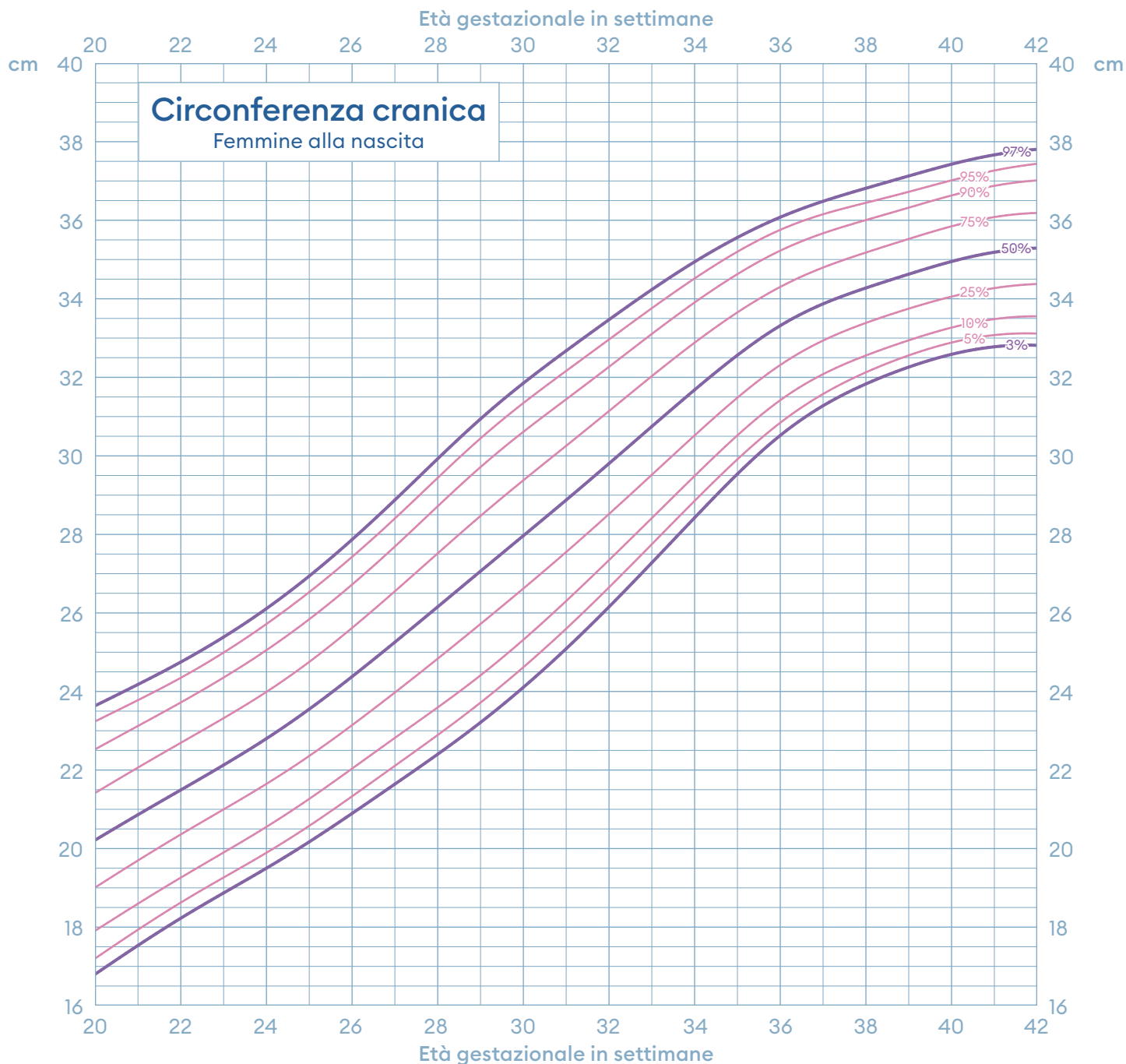
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